

Extra

STD: 8A/B

VILLA THERESA HIGH SCHOOL

DATE: 15 /12/16

III<sup>rd</sup> UNIT TEST

Marks: 20

BIOLOGY (WORKSHEET-B)

Time: 40 mins

Name: \_\_\_\_\_ RollNo: \_\_\_\_\_ Std: \_\_\_\_\_

QI) a) State true or false for the following. Correct the underlined word for the false statement. (4)

- i) Malt sugar is a monosachharide.
- ii) Enlarged liver is a symptom of Marasmus.
- iii) Calorie is 1000 times the unit of Kilocalorie.
- iv) Pernicious anaemia is due to lack of Vitamin B<sub>1</sub> in the body.

b) Complete the table given below: (6)

Vitamin	Rich food sources	Disease
		Xerophthalmia
	Sunlight	
	Oranges, amla	

QII) a) Give the function of the following in the body: (2)

i) Fats:

\_\_\_\_\_

ii) Phosphorus:

\_\_\_\_\_

b) Differentiate between: (2)

i) Kwashiorkar and Marasmus

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



iii) Vitamin A and Vitamin C

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QIII) Answer the following : (3)

iii) What is roughage? Give the food sources and its importance to the body.

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iv) What is a balanced diet? Give a proper balanced diet for lunch. (3)

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BIOLOGY (WORKSHEET-A)

Time: 40 mins

Name: \_\_\_\_\_ Roll No : \_\_\_\_\_ Std: \_\_\_\_\_

QI) a) State true or false for the following statements. Correct the underlined word for the false statement. (4)

- i) Fructose is a fruit sugar found in plants.
- ii) Phosphorous is most essential for proteins.
- iii) Oil in the form of saturated fats are very essential for the body.
- iv) Disaccharides have a general formula C<sub>6</sub>H<sub>12</sub>O<sub>6</sub>.

b) Complete the table given below: (6)

Element	Rich food sources	Disease
Calcium		
		Anaemia
	Iodised salt/seaweeds	

QII) a) Give the function of the following in the body: (2)

- i) Proteins:  
\_\_\_\_\_  
\_\_\_\_\_
- ii) Vitamin C:  
\_\_\_\_\_  
\_\_\_\_\_

b) Differentiate between: (2)

- i) Glucose and Sucrose  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



